



Welcome to **Skinnyz!** You are now on "**Alabama's Beach Time**"...
Relax, while we prepare your selection to **YOUR specifications!**

STARTERZ

ONION RINGZ - We slice 'em, dip 'em & fry 'em up so they're light & crispy! Served with a "Kickin" good sauce. 6

SKINNYZ DILLZ - Crunchy fried dill pickles served with our homemade Ranch dippin' sauce... try 'em, you'll like 'em! 6

SWEET POTATO FRIEZ - "Yummy" is all you can say about these taterz! A basket full served with our own Honey Butter dip. 6

REBEL REDZ (Chipz) - A basket of thin sliced red skin taterz fried crispy & served with our homemade Ranch dippin' sauce. 5

CRABBY CAKEZ - Two *delicious* crab cakes full of white lump crabmeat seasoned & sautéed to perfection. 13

♥ **SHRIMP-A-TIZER** (Shrimp Cocktail) Nicely seasoned shrimpz served peeled & chilled with your choice of Skinnyz Sauce or Cocktail Sauce. 8

SHROOMZ - The BEST mushrooms you'll ever have! Served with Horsey Sauce! 8

FRIED OKRAZ - If you like fried Okra, you will *LOVE* ours! Just enough to snack on! 4

"SOUPZ OF THE DAYZ"

LOADED BAKED POTATO & LOBSTER BISQUE

Cup 4 Bowl 7

Soupz N' Sandwich 8

(Choice of BLT or Grilled Cheezer)

GRAZIN' ON SALADZ

♥ **SALAD GREENZ** - A nice blend of Field greens, tomato, cucumber, red onion, bell pepper & crisp corn. Small 4 Large 7

SALAD WEDGEZ - Chilled Iceberg lettuce wedge topped with diced tomato, crumbled bacon and Bleu Cheeze or Ranch dressing. 6

SOUTHERN CHICKEN SALADZ - Fresh chicken served over Salad Greenz. breast (♥Blackened, ♥Grilled or Fried) 9

NEPTUNEZ SALADZ - Your choice of Shrimpz, Oysterz, or Grouperz Filet served over Salad Greenz. (♥Blackened, ♥Grilled or Fried) 11

SALAD DRESSINGZ

Ranch • Mango • Bleu Cheeze
Honey Mustard • Balsamic Vinaigrette

SKINNYZ FAVORITEZ

Most Items Can Be Prepared Blackened, Grilled or Fried

WINGZ - Hands down, the *BEST* wings in town! Served with celery & Bleu Cheeze or Ranch dressing. *Mild • Hot • Honey BBQ*
Half Dz. 7 Full Dz. 10

♥ **BOILED SHRIMPZ** - (Served Chilled)
One full lb. of jumbo shrimp brewed up the "Bama" way! *You peel 'em, you eat 'em!*
Half Lb. 9 Full Lb. 14

RED BEANZ & RICE - This concoction of *Conecuh Sausage*, red beans, tomato, bell pepper & onion is a house favorite! 8

CRAWDADDY'Z ETOUFFEE (A-TO-FAY) - Fresh crawfish tail meat, onions, celery & bell pepper with just enough "kick" ...not too spicy! Served over rice. 8

SKINNY'Z SEAFOOD GUMBO - Shrimp, crabmeat, fish, okra, & everything but the kitchen sink brewed in our Bama-seasoned Roux. Served over rice. 8

MULTIPLYZ - A tray full of Alabama's *Conecuh Sausage*, Wingz, Skinnyz Dillz, Hushpuppiez, Rebel Redz, Celery Stickz, & Coleslaw OR Cucumber Saladz. 14

ZANGY SHRIMPZ - Succulent shrimp lightly fried & tossed in a Spicy Citrus Sauce served over rice with grilled toast. 11

SHRIMPZ & PASTA - Grilled shrimp tossed *lightly* in Cajun sauce served over green spinach pasta with grilled toast...YUMMY! 9



CRAB CLAWZ DELIGHT - Alabama's Blue Crab fingers! (♥ Sautéed or Fried) Served with Hushpuppiez & Coleslaw OR Cucumberz Salad.
Small 14 Large 24

SHRIMPZ & CRABBY CAKE - Grilled or fried Shrimp & a sautéed crabby cake served with Hushpuppiez & Coleslaw OR Cucumber Salad. 14



GATOR BITEZ (Seasonal) - Half lb. of pure white alligator tail meat from our southern region. Served with Hushpuppiez & Coleslaw OR Cucumberz Salad. 13

SKINNYZ WRAPZ - A lightly grilled flour tortilla with lettuce, tomato & Skinnyz Sauce wrapped with your choice of: Chickenz, Shrimpz, Grouperz, Steakz 9

BASKETZ: Served with hushpuppiez, Coleslaw OR Cucumberz Salad and Friez.

- Chicken Stripz 8
- Shrimpz 9
- Fried Oysterz 10
- Grouperz Nugetz 9

SIDEZ

Hushpuppiez	2	Regular Friez	2
Skinnyz Dillz	3	Cajun Battered Friez	3
Grilled Toast	2	Sweet Potato Friez	3
Rice	2	Mac N' Cheeze	3



*MOBILE, ALABAMA...HOME OF
THE ORIGINAL MARDI GRAS
(IN THE U.S.)*



More than just "SUN ON YOUR BUNZ"

Served with Your Choice of a Sidez

ALABAMA'Z PHILLY - A grilled Hoagie roll topped with Sirloin steak stripz, sautéed onions & bell pepper smothered with Provolone cheeze. 8

GROUPERZ SANDWICH - An 8 oz. filet (♥Blackened, ♥Grilled or Fried) served on a toasted Hoagie roll with lettuce, tomato & Tarterz Sauce. 9

CHEEZEBURGER IN PARADIZE - 1/3 lb. of Sirloin beef covered in American Cheeze & served on a Kaiser bun with the works! 8 (Add Bacon 75¢)

CATEGORIEZ "5" BURGER - 1/3 lb. of Sirloin beef topped with bacon, sautéed onions, mushrooms & Pepper Jack Cheeze on a Kaiser bun. 9

CHICK-A-DEEZ SANDWICH - Fresh chicken breast (♥Blackened, ♥Grilled, Fried, or Buffalo Style) served on a Kaiser bun with lettuce & tomato. 8

CRABBY CAKEZ SANDWICH - A delicious crab cake served on a grilled Kaiser bun with lettuce, tomato & Skinnyz Sauce. 9

SHRIMPZ PO BOYZ - Fried or sautéed shrimp served with lettuce & tomato on a toasted Hoagie roll. 9

OYSTERZ PO BOYZ - Fresh and delicately fried oysters served on a toasted Hoagie roll with lettuce & tomato. 10

SKINNYZ PO BOYZ DELUXE - *Conecuh Sausage* and sautéed shrimp served on a toasted Hoagie roll with lettuce & tomato. (Try Coleslaw on top!) 10

LOWER ALABAMA'Z BLT - Crispy bacon, fresh leafy lettuce & tomato served on toasted fresh bread. 5

GRILLED CHEEZER - Good ol' American Cheeze & tomato grilled on fresh bread. 4



ENDERZ (Dessert)

KEY LIME PIEZ - Our homemade key lime pie is smooth & delicious.

Slice 3 Whole Pie 12

BAMA BROWNIEZ - A pyramid made of homemade Brownie, vanilla ice cream, drizzled with chocolate, caramel topped with Whipped Cream & Walnuts. 4

ICE CREAMZ - A parfait dish of vanilla ice cream with your choice of Topping! 3



KIDZ MENU - 12 & Under

Includes Choice of a Sidez & Juice
(Cranberry or Orange)

CHICKEN TENDERZ - You know the drill!! Served with Ranch or Honey Mustard. 4

POPCORN SHRIMPZ - Our shrimp are fresh & hand battered. Fried OR grilled. Served with Cocktail Sauce or Ketchup! 5

GRILLED CHEEZE SANDWICH - Needs no explanation! And we use REAL Cheeze! 3

BEVERAGEZ



Coke, Diet Coke, Sprite, Ginger Ale
Tea (Sweet & Un-sweet)
Whole Milk, Fruit Juices
Red Bull, Sugar-Free Red Bull

WINEZ



Chardonnay
White Zinfandel
Pinot Grigio
Cabernet Sauvignon

BEERZ



Amstel Light	Budweiser	Bud Light Lime
Bud Light	Busch Light	Coors Light
Corona	Corona Light	Dos Equis
Fat Tire	Guinness	Heineken
Land Shark	Newcastle	Purple Haze
Mich Light	Mich Ultra	Miller Chill
Miller Lite	Natural Light	O'Doul's N/A
PBR	Sam Adams	Smirnoff Ice
Stella Artois		

ON TAPZ

Miller Lite • Blue Moon • Bud Light
Mich Ultra • Amberbock • Yuengling

Skinnyz Bar & Grille...SINCE APRIL 2005



Skinnyz is owned by Jennifer Polvere, a native Mobilian (Mobile, Alabama) who loves the Gulf Coast, her family & friendz. The company name of *Skinnyz* (Inc.) was created from Jennifer being called "Skinny Jenny" throughout her life. The "Z" came from her liking of ZZ Top's signature "Z" (band of the 70's).

The décor of *Skinnyz* is a collection of Jenny's Gulf Coast memorabilia including Gulf Shores SAND encased on the tiki hut bar top!

Skinnyz' menu items are prepared fresh from "scratch" using the highest quality of ingredients. The *Signature* menu item "*Crab Clawz*" is Jenny's *favorite!* The crab finger (claw) comes from the blue crab found in the Gulf of Mexico. The warmer the waters, the larger the crab claw! By hand, each claw must be cleaned of tiny shell pieces encasing the tender crabmeat attached to the cartilage. It takes a lot of claws to make up a pound! Hence, a costly but desirable entrée & probably the reason you don't see them in restaurants north of Montgomery, Alabama!

We truly hope the *Skinnyz Concept* will provide you the ultimate relaxing and fun place to be whatever the occasion! Thank you for visiting!

Your Friend & Hostess,

Jennifer Polvere

Skinnyz...it's just an attitude!

ALABAMA'Z FINEST FOOTBALL!



War Eagle

Roll Tide

